



FRIENDS & STEWARDS OF THE ROSE VALLEY FOREST

WE ARE ROOTED IN:

- developing a community of multi-aged learners
- creating experiential and social learning fostering a sense of belonging and social-emotional wellbeing through core routines
- empowering learners to nurture, respect, and preserve the natural world
- igniting joyful, life-long connections with nature
- embedding the First Peoples Principles of Learning

Joy



Natural Curiosity



Stewardship



Connecting



Community

"I feel lucky to be out in the forest. The forest is mysterious. There are parts we haven't been to, and I can't wait to see them!"

- Jamieson

RESEARCH SHOWS THAT CONNECTING WITH NATURE:

- makes us happier and healthier
- reduces stress, lowers blood pressure, & strengthens the immune system
- provides more opportunities for physical activity
- helps growing kids develop creativity, risk management, motor skills
- leads to lifelong love for the outdoors
- enhances their cognitive abilities

Nature-based experiential learning, in all four seasons, significantly improves student outcomes in many subject areas.

From Parks Canada and the Dr. Eric Jackman Institute of Child Study, University of Toronto



"Sitting in my sit spot makes me happy because I got to choose it. It makes me feel relaxed."

- Riley



I like being in the forest because it's such a wonderful place. It's so beautiful. It makes me happy and grateful.

- Sarah



"I like that we get to be with our big buddies. They make me feel happy."

- Alec

"At RVE, we leverage the environment to experience joyful learning."

- Jesse Bruce