



## ROSE VALLEY FOREST FRIENDS

### WE ARE ROOTED IN...

- Developing connections between students of different ages
- Inviting experiential and social learning
- Practicing "core routines" that foster a sense of belonging, respect for nature, & social-emotional well being
- Embedding the First Peoples Principles of Learning

Stewardship



Connection



Mindfulness



Natural Curiosity



First Peoples  
Principles

*Look deep into  
nature, & then you  
will understand  
everything better.*

*-Albert Einstein*

*Through a cyclical pattern of visits, explorations and relationship building real connection with nature occurs.*

-Coyote's Guide

**Core routines are how we invite learners to explore nature. These routines are what ground us and our lessons.**

**Core Routines We Value:**

**Sit Spot**

**Expanding our Senses**

**Story of the Day/Oral Storytelling**

**Sharing Circle**

**Come Close and Listen**

**Sketch Book/Reflective Journal**

**Visit Your Tree**